# POZNAN UNIVERSITY OF TECHNOLOGY



EUROPEAN CREDIT TRANSFER AND ACCUMULATION SYSTEM (ECTS)

pl. M. Skłodowskiej-Curie 5, 60-965 Poznań

# **COURSE DESCRIPTION CARD - SYLLABUS**

Course name

Training and teaching

Course

Field of study Year/Semester

Safety Engineering 2/3

Area of study (specialization) Profile of study
Ergonomics and work safety general academic

Level of study Course offered in

Second-cycle studies Polish

Form of study Requirements

full-time elective

Number of hours

Lecture Laboratory classes Other (e.g. online)

Tutorials Projects/seminars

15

**Number of credit points** 

1

### **Lecturers**

Responsible for the course/lecturer:

Responsible for the course/lecturer:

Ph.D., D.Sc., Joanna Sadłowska-Wrzesińska,

**University Professor** 

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Faculty of Engineering Management

ul. J. Rychlewskiego 2, 60-965 Poznań,

# **Prerequisites**

The student has basic knowledge of ergonomics and occupational safety and the ability to apply

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theoretical issues in practice, selection of available information and the use of various sources of knowledge. The student demonstrates cognitive openness and readiness to transfer acquired knowledge.

# **Course objective**

Transfer of basic knowledge in the field of adult teaching and key methodical skills to conduct training in the field of occupational health and safety and ergonomics.

### **Course-related learning outcomes**

# Knowledge

- 1. Student knows the legal requirements for education in the field of safety, health and ergonomics in the work environment [P7S WG 03].
- 2. Student knows the structure of training classes, types and characteristics of the most important principles of education and the range of traditional and activating methods of education, useful in education in the field of OHS [P7S WG 03].

#### Skills

- 1. Student is able to properly choose the sources and information from them in relation to educational methods, techniques and tools, also in remote mode [P7S\_UW\_01].
- 2. Student is able to prepare and present a selected fragment of a training module in the field of occupational health and safety [P7S UW 02].
- 3. Student is able to present a technical / organizational problem within ergonomics and occupational safety by means of properly selected means [P7S UK 01]

### Social competences

1. Student is aware of the responsibility for the education processes of other people, understands the non-technical effects of engineering activities, including the humanistic aspects of work in the field of occupational health and safety [P7S KR 02].

### Methods for verifying learning outcomes and assessment criteria

Learning outcomes presented above are verified as follows:

### Formative assessment:

- knowledge is verified by a colloquium on modern didactic techniques (after the third didactic unit). The colloquium has a written form and a mixed nature of tasks (open and closed questions),
- skills are verified by assessing the implementation of independent and team tasks and activity,
- social competences are verified during discussions with students.

# Summative assessment:

- oral final test including presentation of a fragment of the training module in the area of occupational health and safety and / or ergonomics and the average of partial grades.

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The first and second approach pass threshold - 50% + 1.

### **Programme content**

1. Didactics as a process. Adult didactics - Kolb series in teaching. 2. Teaching methods used during trainings (giving, problematic, displaying, programming, practical). 3. Games and exercises activating the group ("energizers", socializing, verification, e-learning). 4. Stages of the training cycle. Group dynamics. 5. Instruction as an example of training on occupational safety. 6. Situations difficult to work with a group. 7. Practical guidelines for designing security training and crisis management.

# **Teaching methods**

- multimedia presentation constituting the background for seminar and panel discussions; case method, simulation method, staging method.

# **Bibliography**

#### Basic

- 1. Sadłowska-Wrzesińska J., Lewicki L., Podstawy bezpieczeństwa i zdrowia w pracy, Wydawnictwo WSL, Poznań, 2018.
- 2. Łaguna M., Szkolenia. Jak je prowadzić, by..., GWP, Gdańsk, 2014.
- 3. Sadłowska-Wrzesińska J., Nejman Ż., Krupa P., Szkolenia w roli pozapłacowego czynnika motywacji pracowniczej, Ekonomika i Organizcja Przedsiębiorstwa, nr 8 (811), 2017, s. 105- 113.
- 4. Nauka o Pracy Bezpieczeństwo, Higiena, Ergonomia. Pakiet edukacyjny dla uczelni wyższych, dostęp: http://nop.ciop.pl.

#### Additional

- 1. Detz J., Sztuka przemawiania. Nie co mówić, ale jak mówić, GWP, Gdańsk, 2008.
- 2. Fortuna P., Łaguna M., Przygotowanie szkolenia, GWP, Sopot, 2015.

# Breakdown of average student's workload

	Hours	ECTS
Total workload	25	1,0
Classes requiring direct contact with the teacher	15	0,5
Student's own work (literature studies, preparation for	10	0,5
laboratory classes/tutorials, preparation for tests) <sup>1</sup>		

<sup>&</sup>lt;sup>1</sup> delete or add other activities as appropriate